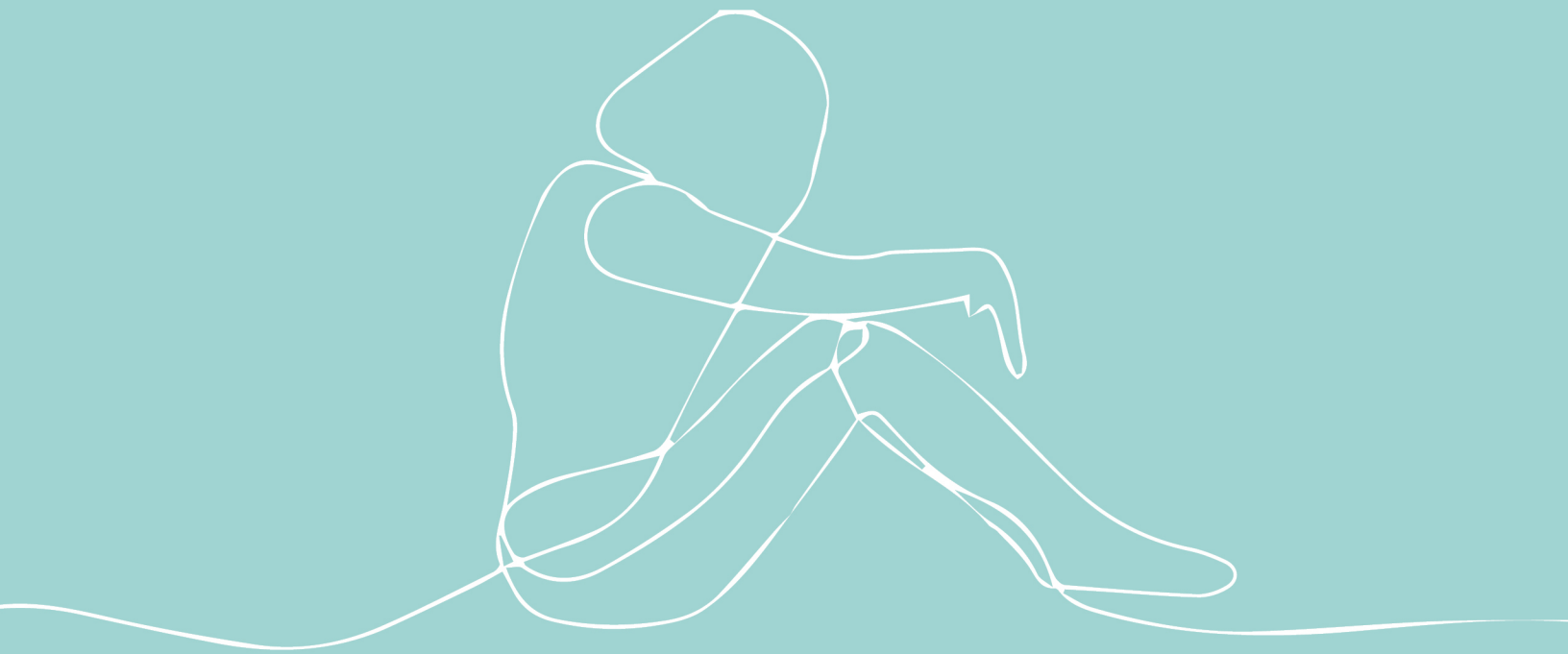


This group is run by the Pacific Post Partum Society, and hosted in partnership with the Campbell River and District Division of Family Practice through a project funded by Shared Care.

You are not alone.

Join an online postpartum support group for North Island parents experiencing a difficult transition.



**A free, 12 week program, online through ZOOM
Mondays, January 10th - March 28th, 10:30am - 12:30pm**

This confidential peer support group is led by a trained facilitator.
Learn valuable strategies while sharing with other local parents.

This group is for parents with children under 18 months old. We welcome queer and trans parents, as well as parents who have adopted a baby/young child.

Register here:
604-255-7999 or clare@postpartum.org



**PACIFIC POST PARTUM
SUPPORT SOCIETY**

www.postpartum.org