

## Child & Youth Mental Health / Suicide Resources

### John Howard Society, North Island – The Foundry

- Phone: 250-286-0611
- <https://foundrybc.ca/campbellriver>

### Youth in BC – 24 hour Crisis Line

- 1-800-SUICIDE (1-800-784-2433) or 1-866-661-3311
- <https://youthinbc.com/>

### Youthspace.ca

- Text or Online IM Chat
- <https://www.youthspace.ca/>

### First Nations Health Authority – Crisis Centre

- <https://crisiscentre.bc.ca/fnha/>

### KUU-US Crisis Line Society

- First Nations and Aboriginal specific 24/7 crisis line based in Port Alberni and serving the entire province.
- Toll-free: 1-800-588-8717 – Youth Line: 250-723-2040
- <https://www.kuu-uscrisisline.com/>

### Native Youth Crisis Hotline

- 1-877-209-1266
- Answered by staff 24/7
- Available throughout Canada and US.

## Additional Information and Resources

The Foundry - <https://foundrybc.ca/articles/how-to-talk-about-suicide/>

Centre for Suicide Prevention - <https://www.suicideinfo.ca/resource/children-and-suicide/>

FNHA – Hope Help and Healing: A Planning Toolkit for First Nations and Aboriginal Communities to Prevent and Respond to Suicide

- [FNHA-Hope-Help-and-Healing.pdf](#)

### BC Children’s Hospital – Compass Mental Health

- 1-855-702-7272
- <https://compassbc.ca/toolkits>
- [Kelty Mental Health Resource Centre](#)

**Child & Youth Mental Health Walk-in Intake Clinics**

- Learn more about our [Walk-in Intake Clinics](#) and find a location near you.

**More help and support:** You don't have to handle this alone - check out these helpful resources:

- [Kids Help Phone](#)
- [Familysmart.ca](#)
- [Your Life Counts](#)

**Warning signs:** Know the signs that your child or teen might be thinking about suicide:

- [HealthLink BC: Warning Signs of Suicide in Children & Teens](#)

**Additional information:**

- [Coping with Suicidal Thoughts](#)
- [Centre for Suicide Prevention: Info for Parents](#)