

Calling ALL Family & Friend Caregivers!

Join us for the CR Caregiver Support Group. Come share your experiences, concerns and thoughts. Get help navigating the healthcare system & get your questions answered. Lots of free information and resources available. Confidentiality assured.

All caregivers are welcome

Facilitated by several retired Campbell River Nurses Supported by Family Caregivers of British Columbia Venue graciously donated by Ironwood Place

When: 2nd Monday of each month (note: some date changes due to stat holidays)

January 8; February 19 (due to BC Day); March 12;

April 9; May 14; and June 11

<u>Time</u>: 2:00 pm to 4:00 pm

Where: Ironwood Place - 1351 Ironwood Street

(across from Campbell River Common Mall)

RSVP appreciated but not required.

Contact - <u>campbellrivercaregivers@gmail.com</u> or call toll free 1.877.520.3267