

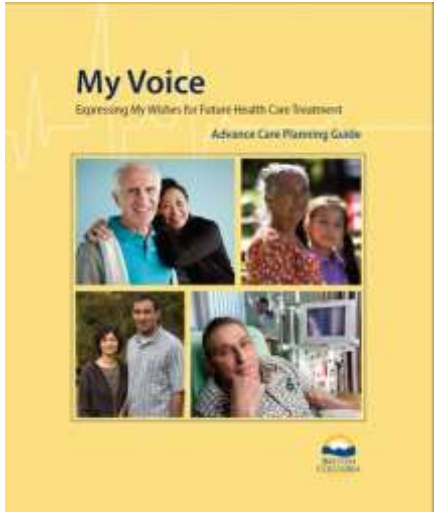


Advance Care Planning

Who would speak for you if you couldn't speak for yourself?

Advance care planning allows you to have a say in the health care you will receive, if you are too sick to speak for yourself. It's a way to reflect on your values, beliefs and wishes so that you can make your own health care decisions. By discussing and documenting your wishes with your loved ones and health care providers, you empower loved ones to act on your behalf, when needed.

<p>Session ONE: “The Nuts and Bolts of Advanced Care Planning” Registration is REQUIRED To Register, please contact: <i>Campbell River Hospice Society</i> 440 Evergreen Road, Campbell River Phone: 250-286 1121</p>	<p>Session TWO: “More Questions & Answers” Registration is also REQUIRED & you must have attended Session ONE. <i>Campbell River Hospice Society</i> 440 Evergreen Road, Campbell River Phone: 250-286 1121</p>
<p>Classes 10:00 am to Noon Choose from:</p> <ul style="list-style-type: none"> ♥ Monday January 22, 2018 ♥ Wednesday February 21, 2018 ♥ Thursday March 8, 2018 	<p>Classes 10:00 am to Noon Choose from:</p> <ul style="list-style-type: none"> ♥ Monday January 29, 2018 ♥ Wednesday February 28, 2018 ♥ Thursday March 15, 2018



If you have access to a computer, you may download a copy of the Guide “My Voice” by simply typing **My Voice** in the google bar, or whichever search engine you use. The Guide is 56 pages and we will be working through it in the planning sessions.



Thank you to our funder: