



## Caregiver Support Group

For families and friends of people with dementia. By attending a support group you have an opportunity to talk about your experiences and feelings with people who understand what you are going through. By listening, you can apply to your own life what others have learned. By sharing, others can learn from you.

When we support and help others in a safe and confidential atmosphere, we also help ourselves.

Meets the 1st Wednesday of every month

7:00 to 8:30 p.m.

Ironwood Place

1351 Ironwood Street,

Campbell River, B.C.

**For information call:**

North & Central Vancouver Island—Alzheimer Society of B.C.

1-800-462-2833

Visit us online at [www.alzheimerbc.org](http://www.alzheimerbc.org)

# Family caregiver series

A dementia education series for people caring for someone living with dementia



Learn more about dementia, communication and behaviour. Share tips for planning for the future and building resilience for caregivers. Free to attend; donations appreciated.

**Where**

**Registration**

**When**

**Special instructions**

We acknowledge the financial support of the Province of British Columbia and the following organizations:

*We also recognize the generous contributions of individual donors.*

**Alzheimer Society**  
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