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of the International Diabetes Federation

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Certified Pedorthist & Certified in Lower Extremity Amputation Prevention and Comprehensive Management and Treatment of the Neuropathic Foot

Dr. Katia Langton; Secretary of the Diabetic Foot Stream Committee of the IDF will be having a Mobile Foot Clinic on Friday 20 April hosted by Evergreen Seniors Home (635 Evergreen Rd, Campbell River).

We welcome referrals for patients with Diabetes and painful foot conditions to provide assessment and treatment.

Please Contact Shannon Abbott, LPN, Foot Care Nurse, CR Foot Care at 250-830-3288 to book

- ❖ Private patient's comprehensive examination \$50.00. Patients with Extended Benefits may be able to claim this.
- ❖ All Persons With Disability – Social Services Designation and First Nations Health Authority are fully covered for this clinic. These patients are fully covered for orthotics and/or footwear and we will access and provide services directly.
- ❖ We focus on early intervention and prevention in order to protect the Diabetic foot from complications. All patients with Diabetes should have a comprehensive Diabetic foot assessment with Risk Categorization, education and treatment if necessary.
- ❖ All patients with a painful foot condition should be assessed, diagnosed and treated in order to keep patients on the ground, mobile and walking to prevent life-style related diseases including Diabetes.

We provide the following services:

- **Comprehensive Diabetic Foot Exams** – sensory testing to measure loss of protective sensation, loss of deep pressure sensation, motor testing, temperature, skin and nail integrity, pedal pulses and evaluation of foot deformities. All Diabetic patients will be given a Risk Category for complications and should have this updated annually
- **Pedorthic Biomechanical Assessment for Painful Foot Conditions** (Bunions, Plantar Fasciitis, Hallux Rigidus and Posterior Tibial Tendon Dysfunction)
- **Patient education on monitoring and preventative care of the neuropathic foot**
- **Preventative Off-Loading based on Risk Category/Neuropathy**
- **Custom Foot Orthotics (Diabetic and Functional) and Footwear Recommendations**

All Bookings through Shannon Abbott, LPN, FCN, CR Foot Care at 250-830-3288