



Advance Care Planning

*Have you had
"The Talk"?*



**Come to our next ACP Session!
Tour our new Hospice Space!**

Tuesday October 17, 2017

10:00 am to 12:00

**440 Evergreen Road,
Campbell River, BC**

Call 250 286-1121 to reserve a spot

Advance care planning allows you to have a say in the health care you will receive if you are too sick to speak for yourself.

It's a way to reflect on your values, beliefs and wishes so that you can make your own health care decisions.

By discussing and documenting your wishes with your loved ones and health care providers, they will be better able to act on your behalf when needed.

Advance Care Planning promotes peace of mind.



My Voice

Expressing My Wishes for Future Health Care Treatment
Advance Care Planning Guide



If you have access to a computer, you may download a copy of the Guide "My Voice" by simply typing **My Voice** in the google bar, or whichever search engine you use. The Guide is 56 pages and we will be working through it in the planning sessions.